

Purpose of NSH Singles Ministry

1. Discipleship

- **Purpose:** To help singles grow in their relationship with Christ, deepen their understanding of Scripture, and live out their faith in practical ways.
- **Activities:** Providing Bible studies, small group discussions, and mentorship opportunities to encourage spiritual growth and maturity among singles.
- **Outcome:** Equipping singles to live out their identity in Christ, navigate challenges, and make decisions that align with God's will for their lives.

2. Fellowship

- **Purpose:** To cultivate a sense of community, belonging, and support among singles within the church family.
- **Activities:** Organizing social events, group outings, and fellowship gatherings to foster friendships and meaningful connections among singles.
- **Outcome:** Creating a supportive environment where singles can build authentic relationships, share life experiences, and encourage one another in their faith journey.

3. Service

- **Purpose:** To empower singles to use their time, talents, and resources for the Kingdom of God and make a positive impact in their local community and beyond.
- **Activities:** Engaging in service projects, volunteer opportunities, and outreach initiatives that address the needs of others and reflect Christ's love.
- **Outcome:** Inspiring singles to live out their faith in tangible ways, demonstrate God's love through acts of service, and fulfill their role as ambassadors of Christ in the world.

DISCUSSION GUIDE FOR SINGLES MINISTRY 2026

1. Secure in Christ Before Anything Else

Scripture: Colossians 2:9–10 (NIV)

“You have been given fullness in Christ...”

Focus: Identity that is settled before relationships, titles, or timelines.

Commentary:

Before we talk about dating, marriage, or the future, we must talk about being secure in Christ. Many singles struggle not because they are single, but because they are still trying to find

themselves. This discussion centers on living from wholeness, not searching for someone to complete you.

Discussion Questions:

- What does it look like to live from fullness instead of longing?
- How does being secure in Christ change how you approach relationships and decisions?

2. Healing What Singleness Exposes

Scripture: Psalm 147:3 (NIV)

“He heals the brokenhearted and binds up their wounds.”

Focus: Emotional healing, past wounds, and honest self-examination.

Commentary:

Singleness often brings unresolved pain to the surface. God does not waste seasons. This time can become a space where God heals old hurts, unmet expectations, and hidden fears so we move forward healthy.

Discussion Questions:

- What has singleness revealed about your heart that needs healing?
- How can we allow God to heal without rushing the process?

3. Contentment Without Complacency

Scripture: 1 Timothy 6:6 (NIV)

“Godliness with contentment is great gain.”

Focus: Learning peace without giving up growth or desire.

Commentary:

Contentment does not mean settling. It means trusting God while continuing to grow. This session addresses the difference between waiting faithfully and simply standing still.

Discussion Questions:

- How do you define contentment in this season of life?
- What habits help you stay grounded instead of frustrated?

4. Guarding the Heart in a Digital Age

Scripture: Proverbs 4:23 (NIV)

“Above all else, guard your heart...”

Focus: Social media, comparison, dating apps, and emotional boundaries.

Commentary:

Technology connects us, but it can also distort reality and stir comparison. This discussion helps singles develop wisdom about what they consume, who they allow access to their emotions, and how to stay grounded in truth.

Discussion Questions:

- How has social media shaped your expectations about relationships?
- What boundaries do you need to protect your peace and clarity?

5. God’s Timing and Emotional Maturity

Scripture: James 1:4 (NIV)

“Let perseverance finish its work so that you may be mature...”

Focus: Growth, patience, and readiness, not just waiting.

Commentary:

God’s timing is not only about when something happens. It is about who we become in the process. This session emphasizes emotional and spiritual maturity as preparation, not punishment.

Discussion Questions:

- In what ways is God growing you right now?
- How do you know when you are becoming ready rather than restless?

6. Healthy Relationships Start With Healthy People

Scripture: Proverbs 27:17 (NIV)

“As iron sharpens iron, so one person sharpens another.”

Focus: Friendships, accountability, and community.

Commentary:

Strong relationships do not begin with romance. They begin with character. This discussion highlights the role of friendships, church family, and accountability in shaping who we are becoming.

Discussion Questions:

- Who sharpens you spiritually and emotionally?
- How can you be a healthy presence in the lives of others?

7. Purity as an Act of Worship

Scripture: Romans 12:1 (NIV)

“Offer your bodies as a living sacrifice...”

Focus: Holiness rooted in love, not fear or shame.

Commentary:

Purity is not about rules alone. It is about honoring God with our whole lives. This conversation reframes holiness as worship and respect for God’s design.

Discussion Questions:

- How does viewing purity as worship change your motivation?
- What support do singles need to live this out faithfully?

8. Purpose Beyond Relationship Status

Scripture: Acts 20:24 (NIV)

“My only aim is to finish the race and complete the task...”

Focus: Calling, service, and meaning right now.

Commentary:

Life does not start later. God is working now. This session helps singles see their gifts, calling, and assignments as active in the present, not postponed until marriage.

Discussion Questions:

- What has God called you to do in this season?
- How can singleness create space for impact and service?

9. Prayer, Discernment, and Wise Decisions

Scripture: Proverbs 3:5–6 (NIV)

“Trust in the Lord with all your heart...”

Focus: Seeking God’s direction in daily choices.

Commentary:

Prayer shapes discernment. Singles often face big decisions alone. This discussion encourages listening for God’s voice and seeking wise counsel rather than relying only on feelings.

Discussion Questions:

- How do you discern God’s guidance in relationships and life choices?
- Who do you trust to speak truth into your decisions?

10. Living With Hope and Confidence

Scripture: Romans 15:13 (NIV)

“May the God of hope fill you with all joy and peace...”

Focus: Hope that is rooted in God, not outcomes.

Commentary:

Hope is not denial. It is trust. This final discussion reminds singles that God’s faithfulness is steady, His promises are sure, and their lives are meaningful right now.

Discussion Questions:

- What gives you hope when the future feels uncertain?
- How can you live confidently in the season God has given you?